Table of Contents

Economic.................................................................................................................................2
  Economic Security ..................................................................................................................3
  Savings Behavior...................................................................................................................4
Food Security............................................................................................................................5
  Food Security.........................................................................................................................6
Health ........................................................................................................................................9
  Self-rated Health..................................................................................................................10
  Depression Screener ...........................................................................................................11
  Health Insurance..................................................................................................................12
  Usual Source of Care............................................................................................................13
  Smoking.................................................................................................................................14
  Diabetes/Hypertension.........................................................................................................15
Social and Emotional Support .................................................................................................16
  Social Connectivity..............................................................................................................17
  Perceived Stress...................................................................................................................18
  Social Support.......................................................................................................................19
  Neighborhood Social Cohesion ............................................................................................21
Economic
Economic Security

1. In the past 6 months, has there been a time in your household when the heat or electricity were cut off because you could not pay the bill?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer

2. During the last 12 months, did you or your children move in with other people even for a little while because you could not afford to pay for your house, rent or utility bills?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer

3. In the past 12 months have you been behind on any loan payments by 2 months or more?
   a) Yes
   b) No
   c) I don't have any loans
   d) Don't know

Source: Project on Human Development in Chicago Neighborhoods; https://www.icpsr.umich.edu/icpsrweb/PHDCN/
Savings Behavior

4. Which of the following statements comes closest to describing your and your (spouse/partner)’s saving habits?
   a) Don't save--usually spend more than income
   b) Don't save--usually spend about as much as income
   c) Save whatever is left over at the end of the month--no regular plan
   d) Save income of one family member, spend the other
   e) Spend regular income, save other income
   f) Save regularly by putting aside money
   g) Don't know or refused

5. In planning your family's saving and spending, which of the following time periods is most important to you and your spouse/partner?
   a) Next few months
   b) Next Year
   c) Next few years
   d) Next 10 years
   e) Longer than 10 years
   f) Don't know or refused

Source: Survey of Consumer Finance; https://www.federalreserve.gov/econres/scfindex.htm
Food Security
Food Security

1. In the last 30 days, (I/We) worried whether (my/our) food would run out before (I/we) got money to buy more. The statement is...
   a) Often True
   b) Sometimes True
   c) Never True
   d) Don't know
   e) I prefer not to answer

2. In the last 30 days, the food that (I/we) bought just didn’t last, and (I/we) didn’t have money to get more. The statement is...
   a) Often True
   b) Sometimes True
   c) Never True
   d) Don't know
   e) I prefer not to answer

3. In the last 30 days, (I/we) couldn’t afford to eat balanced meals. The statement is...
   a) Often True
   b) Sometimes True
   c) Never True
   d) Don't know
   e) I prefer not to answer

4. In the last 30 days, did (you-you or other adults in your household) ever cut the size of your meals or skip meals because there wasn't enough money for food?
   a) Yes*
   b) No
   c) Don't Know
   d) I prefer not to answer
   *
   *Follow up: In the last 30 days, how many days did this happen?

5. In the last 30 days, did you ever eat less than you felt you should because there wasn't enough money for food?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer
6. In the last 30 days, were you ever hungry but didn't eat because there wasn't enough money for food?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer

7. In the last 30 days, did you lose weight because there wasn't enough money for food?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer

8. In the last 30 days, did (you/you or other adults in your household) ever not eat for a whole day because there wasn't enough money for food?
   a) Yes*
   b) No
   c) Don't Know
   d) I prefer not to answer

*Follow up: In the last 30 days, how many days did this happen?

9. In the last 30 days, (I/we) relied on only a few kinds of low-cost food to feed (my/our) child/the children) because (I was/we were) running out of money to buy food. This statement is...
   a) Often True
   b) Sometimes True
   c) Never True
   d) Don't know
   e) I prefer not to answer

10. In the last 30 days, (I/We) couldn’t feed (my/our) child/the children) a balanced meal, because (I/we) couldn’t afford that. The statement is...
    a) Often True
    b) Sometimes True
    c) Never True
    d) Don't know
    e) I prefer not to answer
11. In the last 30 days, (My/Our child was/The children were) not eating enough because (I/we) just couldn't afford enough food. The statement is...
   a) Often True
   b) Sometimes True
   c) Never True
   d) Don't know
   e) I prefer not to answer

12. In the last 30 days, did you ever cut the size of (your child's/any of the children's) meals because there wasn't enough money for food? The statement is...
   a) Often True
   b) Sometimes True
   c) Never True
   d) Don't know
   e) I prefer not to answer

13. In the last 30 days, did any of the children in your household ever skip meals because there wasn't enough money for food? The statement is...
   a) Often True*
   b) Sometimes True*
   c) Never True
   d) Don't know
   e) I prefer not to answer

*Follow up: In the last 30 days, how many days did this happen?

14. In the last 30 days, (was your child/were the children) ever hungry but you just couldn't afford more food? The statement is...
   a) Often True
   b) Sometimes True
   c) Never True
   d) Don't know
   e) I prefer not to answer

15. In the last 30 days, did (your child/any of the children) ever not eat for a whole day because there wasn't enough money for food? The statement is...
   a) Often True
   b) Sometimes True
   c) Never True
   d) Don't know
   e) I prefer not to answer

Health
Self-rated Health

1. In general, would you say that your health is...
   a) excellent
   b) very good
   c) good
   d) fair
   e) poor

Depression Screener

1. Over the past two weeks, how often have you experienced little interest or pleasure in doing things?
   f) Not at all
   g) Several days
   h) More than half the days
   i) Nearly every day
   j) I prefer not to answer

2. Over the past two weeks, how often have you experienced feeling down, depressed or hopeless?
   a) Not at all
   b) Several days
   c) More than half the days
   d) Nearly every day
   e) I prefer not to answer

Health Insurance

1. Do you have Parkland Financial Assistance (which used to be called Parkland Health Plus) the program that pays for some or all of your medical care?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer

2. Do you have any other/any [based on response to first question] health insurance that pays for your medical care like Blue Cross, Medicare, Medicaid, the Affordable Care Act which is also called "Obamacare" or Veterans care also called "the VA"?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer
Usual Source of Care

1. Is there a place that you usually go to when you are sick or need advice about your health?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer

Source: National Health Interview Survey; https://www.cdc.gov/nchs/nhis/quest_doc.htm

2. Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?
   a) Yes
   b) No
   c) Don't Know
   d) I prefer not to answer
Smoking

1. Do you smoke cigarettes?
   a) Everyday
   b) Some days
   c) Not at all
   d) I don't know
   e) I prefer not to answer
Diabetes/Hypertension

1. Have you ever been told by a doctor or nurse that you have diabetes or sugar diabetes?
   a) Yes
   b) Yes but only during pregnancy (option only for women)
   c) No
   d) I don't know
   e) I prefer not to answer

2. Have you ever been told by a doctor or nurse that you had high blood pressure?
   a) Yes
   b) Yes but only during pregnancy (option only for women)
   c) No
   d) I don't know
   e) I prefer not to answer
Social and Emotional Support
Social Connectivity

1. How many people do you speak with on a typical day - not including the people who you live or work with?
   a) Less than 3 people
   b) 3-5 people
   c) 6-10 people
   d) More than 10 people
   e) Don't know or refused
Perceived Stress

1. In the last month, how often have you felt you were unable to control the important things in your life?
   a) Never
   b) Almost Never
   c) Sometimes
   d) Fairly Often
   e) Very often
   f) Don’t know or refused

2. In the last month, how often have you felt confident about your ability to handle your personal problems?
   a) Never
   b) Almost Never
   c) Sometimes
   d) Fairly Often
   e) Very often
   f) Don’t know or refused

3. In the last month, how often have you felt that things were going your way?
   a) Never
   b) Almost Never
   c) Sometimes
   d) Fairly Often
   e) Very often
   f) Don’t know or refused

4. In the last month, how often have you felt difficulties were piling up so high that you could not overcome them?
   a) Never
   b) Almost Never
   c) Sometimes
   d) Fairly Often
   e) Very often
   f) Don’t know it refused

Source:


Social Support

Please tell us how much you agree or disagree with each statement by checking the correct box.

1. “I have people who care what happens to me.”
   - As much as I would like
   - Almost as much as I would like
   - Some—but would like more
   - Less than I would like
   - Much less than I would like

2. “I get love and affection.”
   - As much as I would like
   - Almost as much as I would like
   - Some—but would like more
   - Less than I would like
   - Much less than I would like

3. “I get chances to talk to someone about problems at work or at home.”
   - As much as I would like
   - Almost as much as I would like
   - Some—but would like more
   - Less than I would like
   - Much less than I would like

4. “I get chances to talk to someone I trust about my personal or family problems.”
   - As much as I would like
   - Almost as much as I would like
   - Some—but would like more
   - Less than I would like
   - Much less than I would like
5. “I get chances to talk about money matters.”
   As much as I would like
   Almost as much as I would like
   Some-but would like more
   Less than I would like
   Much less than I would like

6. “I get invited to go out and do things with other people.”
   As much as I would like
   Almost as much as I would like
   Some-but would like more
   Less than I would like
   Much less than I would like

7. “I get useful advice about important things in life.”
   As much as I would like
   Almost as much as I would like
   Some-but would like more
   Less than I would like
   Much less than I would like

8. “I get help when I am sick in bed.”
   As much as I would like
   Almost as much as I would like
   Some-but would like more
   Less than I would like
   Much less than I would like

Neighborhood Social Cohesion

The following statements ask about your local area, which is everywhere within a 20 minute walk or about a mile of your home. Please tell us how much you agree or disagree with each statement by checking the correct box.

1. “I really feel part of this area.”
   - Strongly disagree
   - Disagree
   - Neither agree nor disagree
   - Agree
   - Strongly agree
   - Don't know or refused

2. “Most people in this area can be trusted.”
   - Strongly disagree
   - Disagree
   - Neither agree nor disagree
   - Agree
   - Strongly agree
   - Don't know or refused

3. “If you were in trouble, there are lots of people in this area who would help you.”
   - Strongly disagree
   - Disagree
   - Neither agree nor disagree
   - Agree
   - Strongly agree
   - Don't know or refused

4. “Most people in this area are friendly.”
   - Strongly disagree
   - Disagree
   - Neither agree nor disagree
   - Agree
   - Strongly agree
   - Don't know or refused
Source:

